## BUCHA FOREST CLASSROOM

**Co-creating the classroom - workshop** 

2025-03-06







New European Bauhaus beautiful | sustainable | together





### BUCHA FOREST CLASSROOM

Co-creating the classroom - workshop

### CONTENT

00	About the project
01	About the workshop
02	Process
03	Preliminary concept
04	Key takeaways
05	What's next?



**OO** About the project

### AIM

**OBJECTIVES** 

- to create an outdoor classroom for local schools that serves as both an educational space focused on biodiversity and sustainability, and as a community gathering place.
- proposals must involve the development of activities to improve selected public spaces and/or complement local policy/strategy;
- focusing on innovation and action in public spaces through citizen engagement in their re-design;
- at least two specific and clearly identified target groups include a communication and dissemination plan to engage with target groups;
- the role of the city / local authorities must be well defined.



## **01** About the workshop

### What are the goals of the workshop?

- Mapping and selecting of location for the classroom
- Identify formal and informal educational activities needed
- Addressing challenges for modern classroom during wartime
- Co-designing of the classroom
- Addressing environmental and biodiversity protection
- Exploring sustainable construction methods



## **O2** Process of

### Process of the workshop



# 02.00

#### Workshop process

- Introduction, welcoming words from Bucha municipality and guests
- Community Needs Assessment site selection
- **02** Community Needs Assessment formal/informal education needs
- Presentation session
- Co-Designing the classroom
- Presentation of groupwork results





# 02.01

#### **Community Needs Assessment**

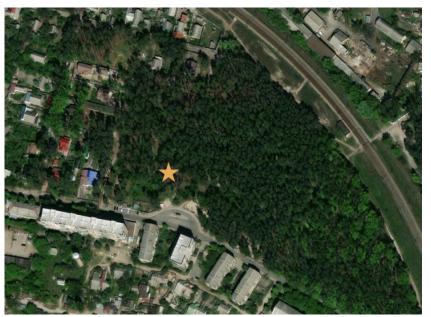
During this assessment, an analysis of possible plots was conducted, along with a Participatory Mapping Activity for identifying the ideal location for the outdoor classroom. It was followed by a voting process for site selection.

Additionally, existing functions for both formal and informal education (lifelong learning) were discussed, along with any additional functions that may be needed.



### **Site selection**





#### LOCATION 1: Park "Dyvo", Bucha City Center

The location is centrally located in the city, close to four schools and easily accessible by public transport. It is a popular, well-visited area with a park setting for nature research, nearby playgrounds, and good infrastructure. The area hosts annual cultural festivals and offers both studying and relaxation spaces, with available parking. However, it has a less natural environment compared to other locations and limited space.



#### LOCATION 2: Lisova Bucha near Tarasivska str.

The location offers a rich natural environment, clean air, and a diverse ecosystem, with more space and a quieter atmosphere than Park "Dyvo." It's close to the "Ecohub", has ample parking, and could help revitalize the area. However, it is difficult to access, far from the city center and Bucha's schools, with limited public transport and higher transportation costs. Safety concerns include proximity to the railway, ongoing demining, and the area's reputation for being a gathering spot for antisocial people.



### **Site selection**

### WINNER

LOCATION 1: Park "Dyvo", Bucha City Center











Kids were most interested in activities and spaces that support them, with a clear preference for gardening and workshops/masterclasses. Popular masterclasses included cooking and gardening. They showed less interest in chill or restful areas. Key preferences included spaces for sports, physical activities, picnics, and places to gather for conversation (like a campfire). They also favored having a kitchen, rest zones, panoramic windows, and disliked typical central bright lights, desks, or a school-like atmosphere.





Kids showed a strong interest in spaces with many plants, engaging games, practical/lab classes, and hands-on training/workshops. They also liked the idea of gardening equipment, nature walks, forest hikes, and a greenhouse.





Kids were interested in a versatile space for various clubs, including biking, yoga, ecology, art, culinary, gardening, and survival/camping. They also liked the idea of an open-air cinema, a greenhouse for gardening, and tools for planting trees and plants. Other preferred features included woodworking supplies (for birdhouses, etc.), a circular economy and recycled art exhibition, nature research tools (microscope, binoculars), a chemistry lab for research (like water quality), and comfy furniture with a multimedia board.





Kids wanted workshops and lectures for informal education, spaces for peer communication, and activities like gardening, yoga, and art (including eco-friendly graffiti). They liked the idea of having a pet, nature research tools (birdwatching, microscopes), camping, star watching, and a place for toddlers. Key elements included studying, friendliness, plants, pets, biodiversity, activities, festivals, tolerance, and treats/snacks.



# 02.03

#### **Presentation session**

The online speakers offered valuable insights into various aspects of education.

**Gediminas Petkus** from Lietuvos Ornitologų Draugija (*Birdlife*) discussed biodiversity and its educational relevance.

Teacher **Agnė Gasiūnė** focused on integrating STEAM and interactive classrooms.

**Inga Tarakavičiūtė** from Galileo Centras emphasized creating inclusive classrooms that address mental health challenges like PTSD and hyperactivity.

**Salonen Natalia** from *ISKU* shared how the right educational furniture design can enhance both physical and virtual learning environments.

Kateryna Pylypchuk presented straw panels as the core of the construction revoliuton.



# 02.04 Co-designing

the classroom





## 02.04

**Co-designing the classroom** 

GOAL

Evaluate the needs for the classroom from different perspectives

METHOD \

- Work in focus groups:
- **01** Architecture and engineering
- 02 Environmental awareness
- **03** Form follows function
- 04 Management





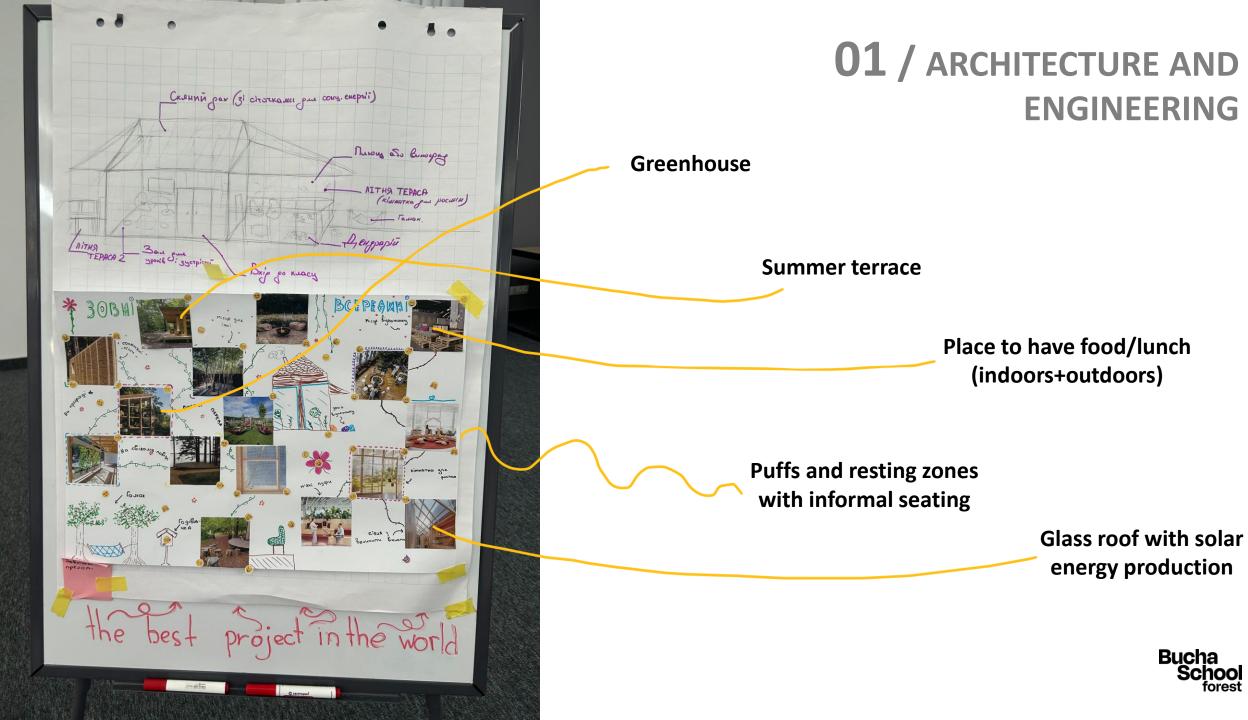


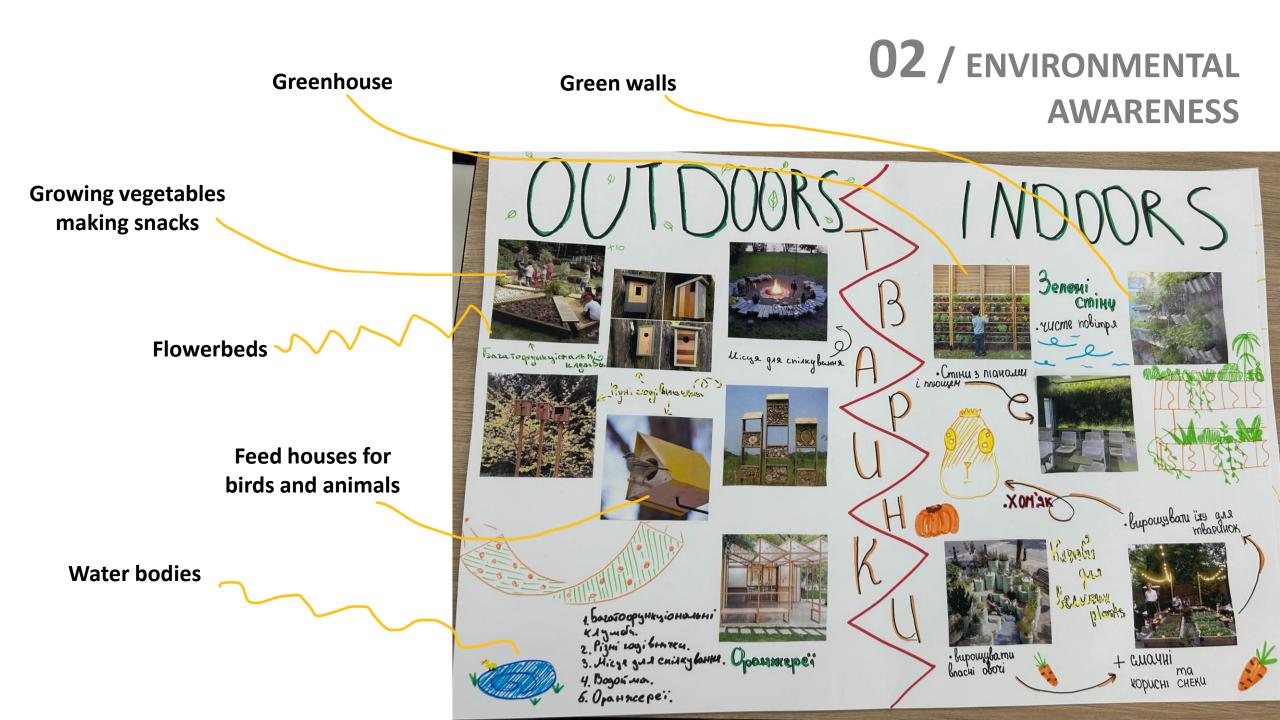


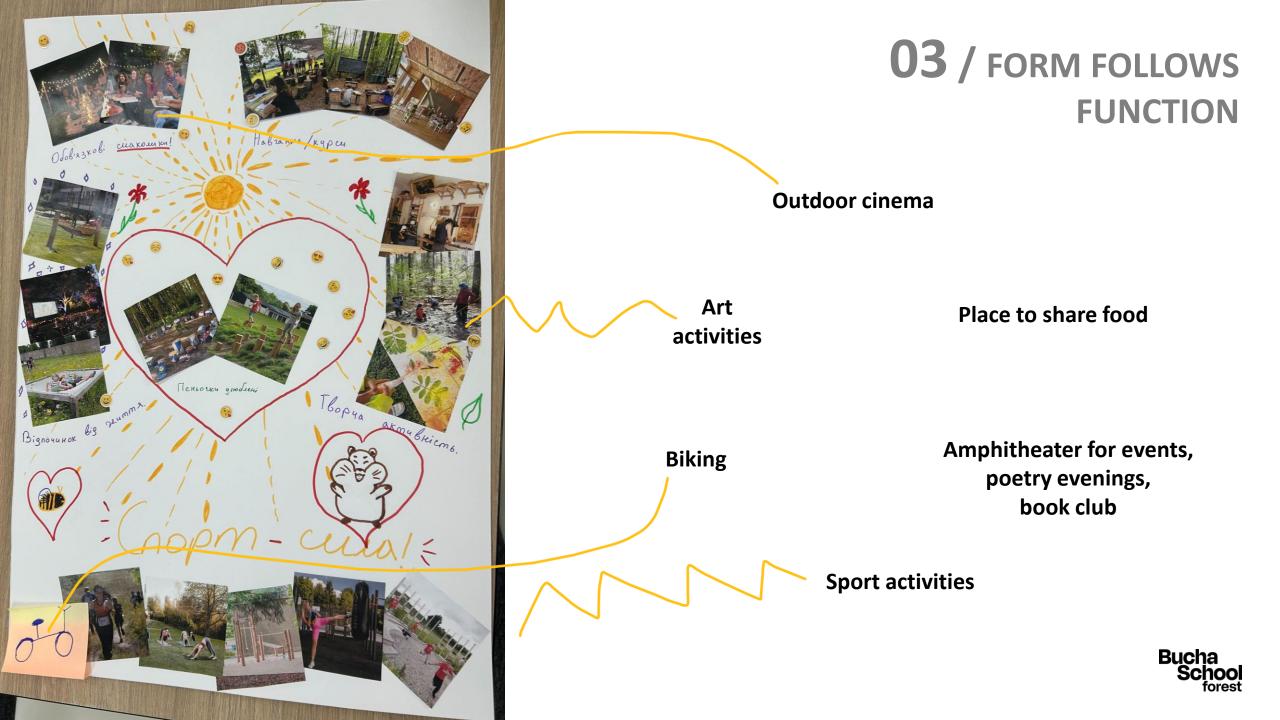
## 02.05

### **Groupwork results**







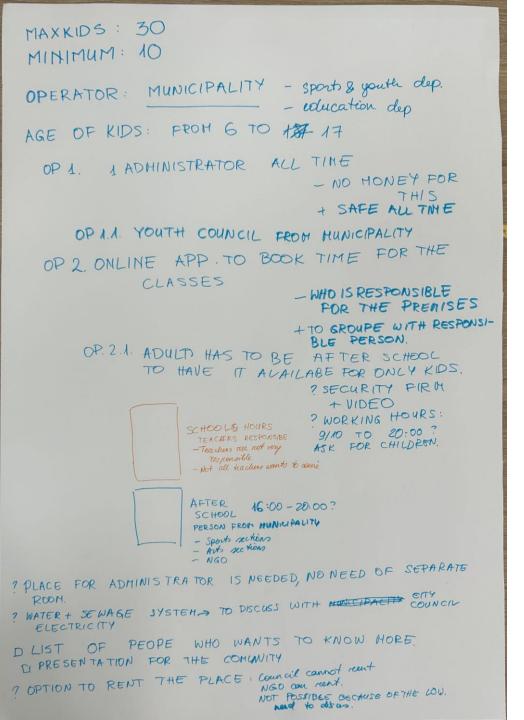


### **04 / MANAGEMENT**

#### **KEY QUESTIONS:**

- How will it be operated?
- How responsibilities will be managed?
  - How will it be booked?
  - What will the operating hours be?
- Will there be an option to rent the space?





# 03

## Preliminary concept















**1. Selected Location**: The chosen site for the Forest classroom is Park "Dyvo" in Bucha City Center, which was preferred due to its accessibility and proximity to local schools.

**2. Community Needs Assessment**: The workshop included a thorough assessment of community needs, focusing on educational activities for both formal and informal learning. Preferences from children indicated a strong interest in gardening, workshops, and versatile spaces for various activities.

**3. Preferred Features**: Children expressed a desire for spaces that include:

- •Gardening and cooking workshops;
- •Areas for sports, picnics, and social gatherings;
- •Nature research tools and a chemistry lab;
- •Spaces for various clubs (biking, ecology, art, etc.).

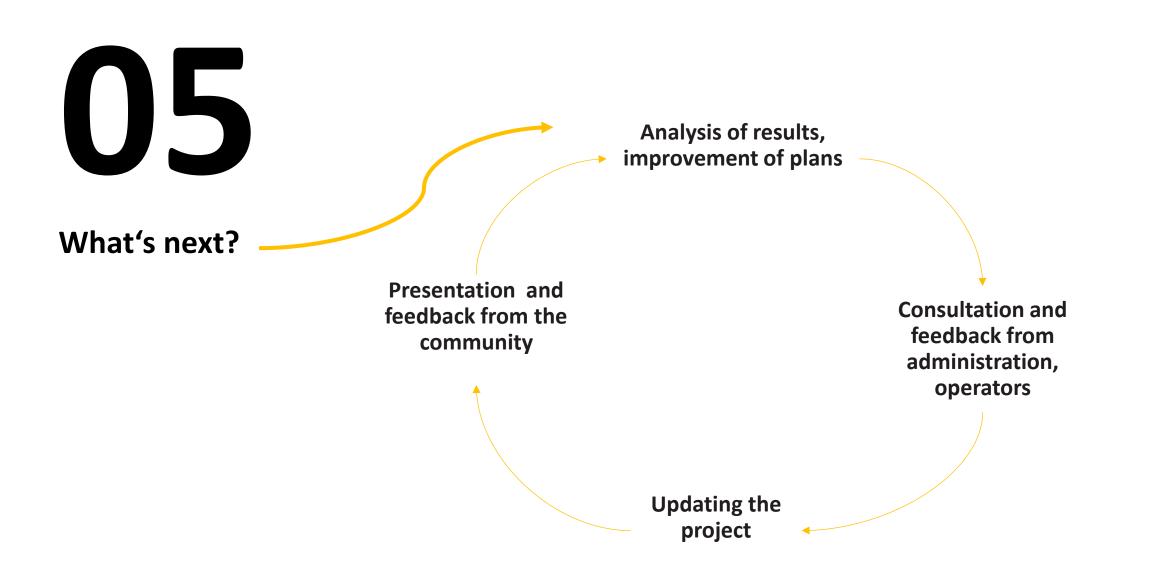
**4. Co-Design Outcomes**: Participants worked in focus groups to discuss architectural and engineering needs, environmental awareness, functional design, and management strategies. Key features identified included:

- •Informal seating and resting zones;
- •Greenhouses and vegetable gardens;
- •An amphitheater for events and outdoor cinema.

**5. Next Steps**: The workshop concluded with the distribution of tasks for design and operational planning, emphasizing the importance of community feedback and consultation with local administration. Additionally, a walk-in greenhouse has to be included in the design; the design has to be adapted according to the plot size and surroundings. These adaptations will ensure that the project meets the needs and preferences identified during the workshop.

### **KEY TAKEAWAYS**

04







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Inga Tarakavičiūtė CEO and founder of Galileo centras - Trauma Informed Care and Competence Center Buildings as the first line of therapy











# BUILDINGS AS THE FIRST LINE OF THERAPY



Inga Tarakavičiūtė

**Trauma Informed Schools Practitioner** CEO at Trauma Informed Care and **Competence** Center

### Galileo Centras (NGO)

**Complex Trauma Informed** support and competence center

We aim to become the first certified Trauma Informed Care organization in Lithuania

Trauma Informed principles:

- Safety
- Trust
- Choice
- Collaboration
- Empowerment





## **Emotional trauma**



### **Emotional response**

Is an **emotional response** to a terrible event. Reactions include unpredictable emotions, flashbacks, strained relationships, and even physical symptoms like headaches or nausea. They may see, smell, and hear all the same things they did when the event first happened, and their bodies react in the same way, by raising heart rate and initiating a stress response.



### Causes

Terrible event, that body and mind cannot grasp or cope with, like an accident, crime, natural disaster, physical or emotional abuse, neglect, **experiencing or witnessing violence, death of a loved one, war**, and more. It could be one incident, or an ongoing event that happens over a long period of time.



### Personal

Traumatic is personal. Trauma can happen at **any age**. And it can affect us at **any time**, including a long time after the event has happened. Individuals can **become "triggered" by sensory stimuli which make them recall the event**, but because the brain did not store the sensations associated with the event as a memory that happened in the past, the person experiences them again, as though the previously traumatic event is actually happening in the present moment.

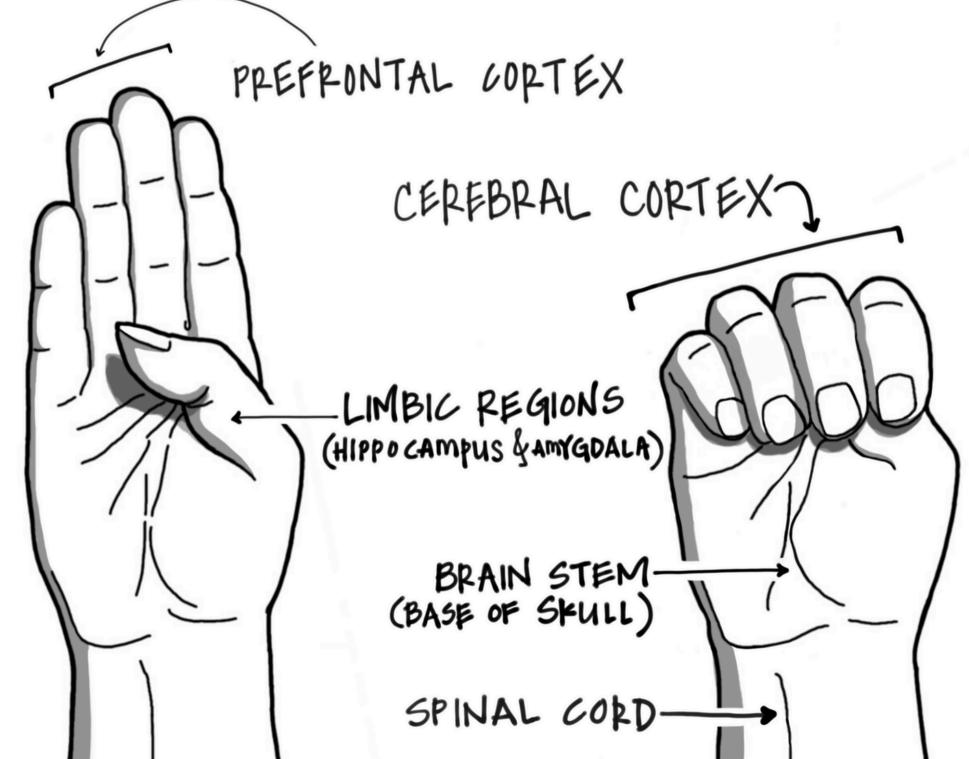


If we're not consciously thinking about traumatic experiences, they can still shape our thoughts, actions, feelings, and behaviours in ways that are really not our best moments. Unconsciously.

### Students with a history of trauma:

- may overly focus on the negative aspects of their lives and may misinterpret other people's intentions.
- frequently imagine incorrectly that others are intending to criticize, tease, or harm them.
- less able to engage in problem-solving, rational thought, focused attention, or self-regulation of emotion or behavior
- demonstrate anxiety and avoidance behaviors witch are common.

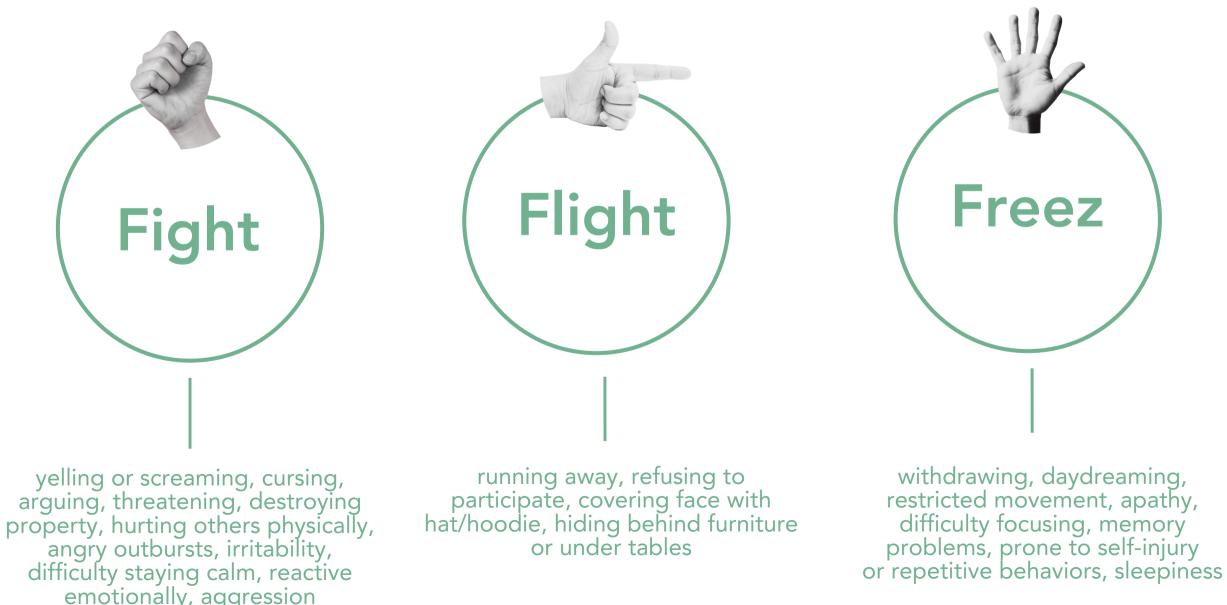




## Hand Model of the Brain

## Automatic, unconscious responses

Students who have experienced trauma view the world as a perilous place and are prone to fear. In any given circumstance, that fear, whether based on real or imagined danger, can trigger their central nervous system, prompting fight, flight, or freeze survival responses.





Performative Engagement

## Trauma Informed Design.

### SAFETY AND TRUSTWORTHY

Safety by design should always be the starting point. We must make brave and bold choices to persists consistent and predictable. For example:

- dimmer on a light switch, or shades on a window, provide users with a significant amount of control over the environment.
- acoustic panels to mitigate noise levels.
- extreme colors and temperatures can be triggering.
- ventilation systems should minimize odors.
- include clear signage to help find the way.
- arrange furniture to allow direct access to doors and other exits.
- provide spaces that offer privacy and clear sight, so users are not startled by others in the space.
- create spaces that allow individuals the option to either retreat or connect with others.



### CONNECTIONS TO THE NATURAL WORLD

Biophilia is the innate human instinct to connect with nature and other living beings. Utilizes natural materials patterns, and phenomena to maintain a connection to nature within the school design.

### REINFORCES EACH PERSON'S AND PROMOTION OF CHOICES

Choice is integral to students' practice of autonomy and equitable access to the environment, but also it is important they feel as though they belong. They need to see themselves and their identities reflected, welcomed, and celebrated in the space. . . . . . . . . . .

. . . . . . . . . .

# BUILDINGS AS THE FIRST LINE OF THERAPY



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# ISKU

Salonen Natalia ISKU Director, International projects Furniture for the universal classroom













- Pure materials. High quality.
- Embracing Finnish design.
- Always responsible.
- Committed to Sustainability.

# Family-owned business crafting furniture in Lahti, Finland since 1928.

SKUCEN

# Learning

#### Exceptional Solutions & Innovative Concepts to Exceed Expectations for Education Globaly

We create conditions for kindergartens, schools and universities where everyone can reach their fullest potential.

Isku creates modern and smart learning and innovation environments with pedagogy driven design.

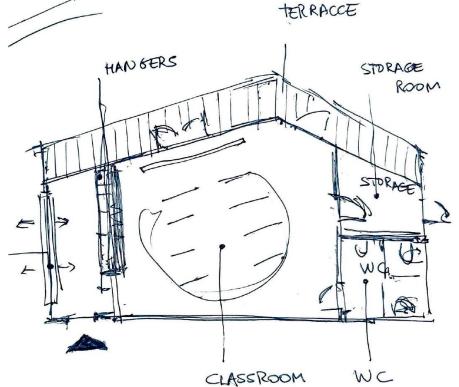
#### Focus on

- Learning design & Pedagogical flexibility
- STEAM / Phenomen based learning
- Finnish education best practices
- Comfort, ergonomics and aesthetics



**ISKU** Forest Classroom









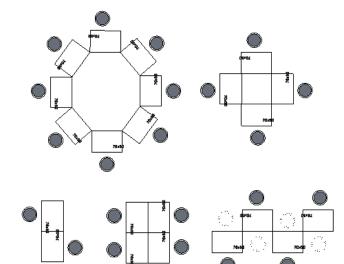












flexibility and modifiability in learning environments. The Pisa desks and lecture tables are stable, stackable and easily linkable.

#### PISA DESK

Pisa desks and lecture tables enable





TUOLI 50

CHAIR



#### RAKKA SEAT CUSHIONS IN A CART



MOVE FOLDING TABLE

Easily movable **Move** tables with locking wheels are an ideal solution to room that needs to be flexible and adaptable for different purposes with frequently changing furniture layout.



**IRIS STOOL** 

5

ISKU

#### Forest Classroom V1 with tables and chairs





#### Forest Classroom V1 with soft seats







7





Iris Chair boasts an ergonomic backrest that encourages an ideal sitting position, ensuring a supportive experience for extended use. What sets this chair apart is its innovative feature – the ability to be easily hung from a table's edge. The chair, with an optional backrest opening, can be easily lifted.



The **Klik** table series is a powerful implementer of the modern lecture space and the changing seminar space. In the design of the series, special attention has been paid to the stackability properties and the needs of the space that changes according to the intended use.

#### KLIK TABLE WITH FOLDING LEGS

B

100

#### MOVE FOLDING TABLE



Easily movable **Move** tables with locking wheels are an ideal solution to room that needs to be flexible and adaptable for different purposes with frequently changing furniture layout.



POUFFES

KIVIKKO

GESS EDUCATION AWARDS WINNER 2020

## ISKU

#### Forest Classroom V2 with tables and chairs

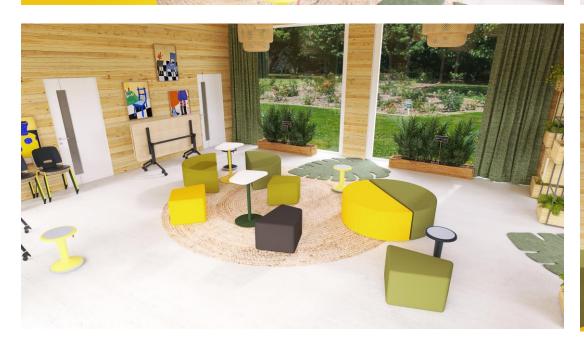






#### Forest Classroom V2 with soft seats











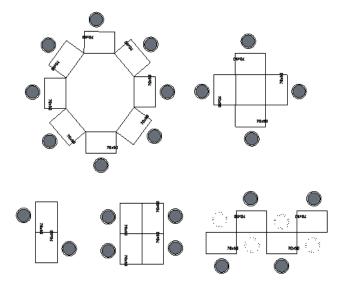






### ISKU

#### Products V3



**Pisa** desks and lecture tables enable flexibility and modifiability in learning environments. The Pisa desks and lecture tables are stable, stackable and easily linkable.

#### PISA DESK





MOVE FOLDING TABLE

Easily movable **Move** tables with locking wheels are an ideal solution to room that needs to be flexible and adaptable for different purposes with frequently changing furniture layout.

NOPPA POUFFE



Noppa is a lightweight, easily movable and versatile seating solution for rooms that need to be easily adaptable. Noppa works particularly well as larger groups, and for furnishing classrooms and extendable learning environments. Matti is a versatile, light and easily stackable general-purpose chair. Matti is particularly suitable for lobby areas, staff rooms, libraries, halls and all learning spaces.

**MATTI CHAIR** 





















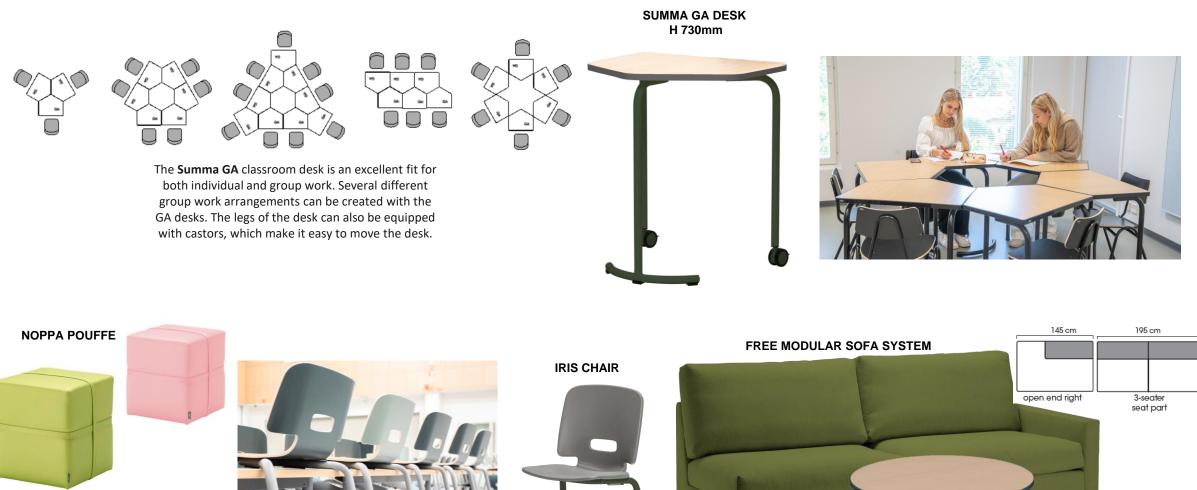












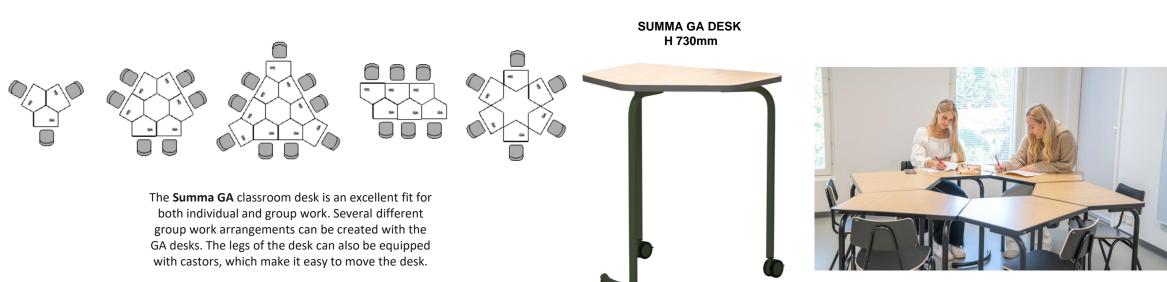
Noppa is a lightweight, easily movable and versatile seating solution for rooms that need to be easily adaptable. Noppa works particularly well as larger groups, and for furnishing classrooms and extendable learning environments.













**IRIS CHAIR** 



# SOFA SERIES TERE









## ISKU















# Naturally from Finland.

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